

The early childhood education program of REBECCA KELLY BALLET

# KIDS CO-MOTION®



**SUMMER DANCE CLASSES at TLC in AU SABLE FORKS**

**TODDLERS** 22-36 mo  
Classes for Adult w/ Child  
**Dance Basics** 3.5—6yrs, Drop Off

**FIND OUT MORE!**  
[Tahawus@verizon.net](mailto:Tahawus@verizon.net)

**THERE ARE MANY DANCE ACTIVITIES**  
And many good reasons to be active at every age.

TLC plans to offer a variety classes of activities depending upon community interest and local instructors

Karate  
Square Dance  
Yoga  
Modern Dance  
*Tell us your ideas!*  
[Tahawus@verizon.net](mailto:Tahawus@verizon.net)



## **GENTLE BALLET BARRE FITNESS** Class for Adults of all Ages

Beginners / Returnees are welcome! Private coaching available.

**The Dance Center at TLC in Au Sable Forks**

### *TRY dance for*

- FOCUS
- FUN
- STRENGTH
- COORDINATION
- DE-STRESS
- CONFIDENCE
- BALANCE and GRACE
- CREATE HEALTHY HABITS FOR LIFE!

FIND OUT MORE!  
[RKBallet1@aol.com](mailto:RKBallet1@aol.com)  
[tahawus@verizon.net](mailto:tahawus@verizon.net)  
[www.RebeccaKellyBallet.org](http://www.RebeccaKellyBallet.org)



REBECCA KELLY BALLET offers  
**CRAFT OF CHOREOGRAPHY**  
Workshop for Teens and Adults  
Tahawus Lodge Center Studio, 3rd Fl  
14234 Rte 9, Main Street, Au Sable Forks



**ELEMENTS & PROCESS**

**OPPORTUNITIES** for imaginative students and movement instructors to explore and develop skills under the direction of a Master Teacher.

**Works-in-Process** shown in presentation at conclusion of Workshop. **FIND OUT MORE**  
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